I am very pleased to report that the Academy of Psychosomatic Medicine is in very solid shape. Our membership is growing (particularly among early career psychiatrists). We are financially healthy and thoughtful about how we direct our resources. Academy committees and special interest groups are populated with bright, creative, and remarkably hardworking members. Our journal, *Psychosomatics*, is superb and widely read. Perhaps most importantly, we are poised to host yet another truly outstanding Annual Meeting (2012 theme: “Bioethics at the Interface of Psychiatry and Medicine”).

There are two main messages I want to convey in this newsletter: first, to say thank you to the dozens of Academy members who volunteer countless hours working on behalf of the APM. Your dedication, scholarship, and contributions to our field are impressive and translate directly into tangible benefits for our members, colleagues, and patients. Second, please attend the Annual Meeting this November in the Buckhead area of Atlanta and bring your trainees, colleagues, children, parents, and bridge partners. I’m quite confident that you will have a fantastic time!

Linda Ganzini, MD, MPH, FAPM and the small army that constitutes our Annual Meeting Committee have constructed a meeting that is broad, deep, and relevant to your day-to-day work. We will have three world-class plenary speakers: Laura Roberts, MD, FAPM from Stanford University; Ezekiel Emanuel, MD, PhD from the University of Pennsylvania; and Carolyn Mazure, PhD from Yale University. Each will bring an authoritative and stimulating perspective to our meeting. Please see Linda’s letter (at right) for more details about what we have in store.

In May, the APM leadership met in Philadelphia for a highly productive mid-year Council meeting. The Academy began this practice a few years ago and it has proved to be just the right mechanism for our organization to stay focused on key strategic priorities and maintain momentum. Major ongoing initiatives for the Academy include: an electronic survey to better understand and meet the needs of our membership (I encourage each of you to fill out this brief questionnaire, see page 14); the development of a communications plan so that the APM can clearly and effectively message who we are and what we do during this critical time of health care reform; enhancing our website to provide our membership with an interactive IT platform that facilitates PM CME programs (recertification, board review symposia, webinars, etc.) and communication between members; restructuring of the APM committee appointment process to improve how our committees operate between annual meetings; and planning psychosomatic medicine-related presentations at the APA meeting.

I would also like to highlight the important work being done by the Foundation of the Academy of Psychosomatic Medicine (fAPM). This new foundation is taking root, matur-
President’s Message (cont. from page 1)

ing and already enhancing the work of the Academy in several ways. Please support the APM and keep an eye out for their sponsored events at the Annual Meeting.

This is an exciting and particularly important moment in history for psychosomatic medicine and the APM. Over the next few years, there will be multiple opportunities for us to shape the delivery of medical care to millions of Americans who suffer from comorbid medical and psychiatric illnesses. This year’s Annual Meeting is designed to be forward-thinking, innovative, and relevant to early career psychiatrists. We will have a rich offering of sessions on both the psychiatric care of medically ill patients and the provision of medical care for chronically ill psychiatric patients.

I hope to see you in Atlanta.

SAVE WITH THE EARLY BIRD BY AUGUST 15

Pre-register for the Annual Meeting by August 15, 2012 and enjoy a $150 discount on the meeting registration fee. You may register online with a credit card or by mail or fax with a credit card, check, or money order. We encourage you to use the online system, as this saves considerable staff time and assures accuracy of your data in the registration system.

The link to the online registration system is in the Members’ Corner. To register by mail or fax, use the Registration Form on page 15 of this Newsletter or the PDF of the form on the website. There will be no admittance without payment, and registration forms will not be processed until payment is received.

The online registration system will close October 29. Registration forms postmarked after October 29 will be treated as on-site registrations. Because some materials for on-site registrants cannot be prepared in advance, delays at the Registration Desk are possible. We suggest that you pre-register by August 15 to minimize delays and earn the early-bird discount.

BOOK YOUR ROOM BY OCTOBER 22

at the InterContinental Buckhead

Our host hotel for the APM 2012 Annual Meeting, the InterContinental Buckhead, combines southern hospitality and international flair. It is a non-smoking hotel with 22 floors, 422 guest rooms, 21 suites, a first-class restaurant and bar. The hotel is located just north of downtown Atlanta in the Buckhead district, within walking distance of several shopping malls, boutiques, and dining places.

We encourage you to make your hotel reservations early, while rooms are still available, to ensure your accommodations are at the same hotel as the meeting. The discounted room rate for attendees of the meeting is $150, which includes high-speed Internet in sleeping rooms and complimentary access to the hotel’s fitness center. Children under 12 stay for free.

Reserve online with the link in the Annual Meeting section of the APM website, or call 877-422-8254 and mention you are attending the APM Annual Meeting to reserve your room at the discounted rate, which expires October 22, 2012.

Due to the tremendous growth in our program, the Academy has booked a secondary hotel to host the Thursday Poster Session and Welcome Reception. The Thursday evening events will be held at the Westin Buckhead, located 3 blocks from the InterContinental—a short walk.

Transportation

The InterContinental Buckhead is 17 miles north of Hartsfield Jackson International Airport (ATL). Taxi from the airport to the hotel is about $41 and takes 30 minutes. Public transportation from to the airport is also available for less than $5, with the Buckhead Marta station a block from the hotel.

InterContinental Buckhead
3315 Peachtree Rd NE, Atlanta, Georgia 30326
1-877-422-8254

Westin Buckhead
3391 Peachtree Rd NE, Atlanta, Georgia 30326
1-800-937-8461
ery session—our local events subcommittee has put together several outings for members and their families and the shopping in Buckhead is apparently fantastic. In addition, this area of Atlanta is known for its restaurants and local APM members, Ann Schwartz, MD and Wendy Baer, MD, have put together an amazing list. These two will also help you work off the indulgences with a 6:00AM run departing from the hotel each morning.

We have several program tracks this year including ethics, early career, integrated practice, clinical practice, research, lifespan, and teaching and training. Consistent with our meeting theme, “Bioethics at the Interface of Psychiatry and Medicine,” many APM members submitted intriguing ethical conundrums, or incorporated ethical perspectives into symposia on other topics.

With the success of our psychosomatic medicine fellowships, we have a growing cadre of early career psychiatrists (psychiatrists within five years of training) with enormous variety in their work lives. We are offering several new sources of support this year. On Saturday, we will hold a trainee/early career luncheon, supported in part by APM, in which a small group can meet with a senior psychiatrist or senior researcher for career consultation. We will also offer career consultation by appointment for this group throughout the meeting. The Early Career Subcommittee, chaired by Divy Ravindranath, MD, has developed a first-time attendee brochure to guide new attendees in getting the most out of our increasingly complex meeting. We will continue to sponsor the early career/trainee mixer on Wednesday, and Divy and his subcommittee are organizing a casual evening out on Friday. Special events for the trainee/early career audience are also listed on page 10.

This year we are pleased to welcome members of the psychiatry-primary care affinity group, which includes psychiatrists in the community who increasingly take on integrated medical care of patients with severe mental illness. A two-day track (Wednesday and Thursday) with a special rate is offered for them.

Our successful pre-conference courses are back with a full-day Updates in Psychosomatic Medicine course, and eight additional half-day courses on Wednesday (listed on page 4).

Thanks to the many APM Program Committee members who have helped put together this extraordinary meeting.

**CENTENNIAL OLYMPIC PARK TOUR**

Thursday, Nov. 14, 1:00pm–5:00pm or Friday, Nov. 16, 9:00am–1:00pm ($35/person)

Home of the 1996 Centennial Olympic Games and the world’s largest Olympic Ring fountain, Centennial Olympic Park provides year-round entertainment including concerts, festivals, and family activities. Atlanta’s Centennial Olympic Park features family fun and live music many days of the week. “Music at Noon” presents local bands performing mid-day, and “Wednesday Wind Down” features jazz during rush hour. The “Fountain of Rings” displays a dancing water show harmonized with pop music, lights, and sound effects. Downtown Atlanta, Georgia’s walkable attractions loop, is where you can see the World of Coca-Cola, Georgia Aquarium, Inside CNN Atlanta, and Imagine It! (the Children’s Museum of Atlanta), all circling Centennial Olympic Park. For just $35, the Academy will be providing express bus transportation to Centennial Park to allow you time to visit these great attractions.
PRE-CONFERENCES COURSES TO CHOOSE FROM THIS YEAR

The Annual Meeting Committee, with the support of the APM Council, has expanded the pre-conference courses program to meet the increasing popularity of the courses and the increasing demand for high-level educational opportunities. We opened up the submission process for the advanced skills courses this year, bringing us some highly competitive proposals. The Pre-Conference Courses Subcommittee worked diligently to put together a truly comprehensive, innovative, and exciting program.

“Updates” Course
The very popular, annual Updates in Psychosomatic Medicine will be a full-day (8-hour) course this year to help attendees prepare for the board exam in April 2013. Rather than broad overviews, the lectures this year will provide updates on more specific areas of interest in Psychosomatic Medicine. The following topics will be presented:

- Delirium — José Maldonado, MD, FAPM
- Psychopharmacology of the Medically Ill — Steven Ferrando, MD, FAPM
- Psycho-oncology / Palliative Care — John Shuster, MD, FAPM
- Psychoendocrinology — Linda Worley, MD, FAPM
- Women’s Health — Christina Wichman, DO
- Neurology for the PM Psychiatrist — Jason Caplan, MD, FAPM
- Psychotherapy of the Medically Ill — Harold Bronheim, MD, FAPM
- Transplant Psychiatry — Andrea DiMartini, MD, FAPM

Eight “Skills” Courses
Running concurrently with the “Updates” course will be eight intensive, interactive half-day (4-hour) Advanced Skills courses.

Morning Skills Courses (8:00am to Noon):
- Legal and Risk Management Issues in Psychosomatic Medicine: Practical Approaches
- Writing for Publication: Strategies for Success

Afternoon Skills Courses (1:00 to 5:00pm):
- Delirium Update: Novel Perspectives on Etiology, Diagnosis, Prevention, Treatment and Long-Term Outcomes
- Internal Medicine Update for the Consultation-Liaison Psychiatrist
- Telepsychiatry in Psychosomatic Medicine: New Opportunities for Patient Care, Teaching, and Research
- Psychotherapy in the Medically Ill: Skills for the Bedside and Beyond

In addition to providing exciting and valuable educational experiences for our membership, we have been working with the Maintenance of Certification (MOC) Subcommittee to ensure that participants in these courses will be able to obtain documentation that will satisfy MOC requirements for Psychosomatic Medicine re-certification. Please see Dr. Boland’s MOC article on page 12.

“Frankly, my dear, I don’t give a . . .”

Just last year, Atlanta celebrated the 75th anniversary of the 1936 publication of Gone With The Wind (GWTW), which was author Margaret Mitchell's only published manuscript. She began working as a journalist for the Atlanta Journal Sunday Magazine in 1922. Four years later, while recuperating from a broken ankle, she began writing her masterpiece, starting with the final chapter! She completed the majority of the book in three years, but did not seek publication until an editor for Macmillan requested to read it in April of 1935. By July, she had a contract, a $500 advance, and a guarantee of 10% of the royalties. GWTW has been translated into 27 languages and still sells approximately 250,000 copies per year.

The movie rights were sold to David Selznick for $50,000—the most ever paid for a manuscript at that time. The 1939 movie took 3½ years to make; movies were usually only a few months in the making in those days.

The Margaret Mitchell House, which is operated by the Atlanta History Center and is on the National Register of Historic Places, has guided tours daily, 10:30am to 4:30pm. See the apartment where she wrote GWTW, an exhibition showcasing her life, and a gift shop. The Margaret Mitchell House is about 20 minutes from our host hotel via Atlanta’s Marta subway system.

www.margaretmitchellhouse.com

2012 TRAVEL AWARDS

As an incentive for residents and PM fellowship trainees to attend the 2012 Annual Meeting and eventually become the future leaders of the Academy, the APM will again award $750 to each of 13 trainee meeting registrants to offset the cost of travel and accommodations at the meeting.

To apply for the award, a trainee must submit the Trainee Travel Award application by August 1, 2012. The application must be accompanied by 1) a letter from your home institution commenting on availability of funding from the home institution; 2) an essay, of no more than 500 words, explaining your interest and future plans in psychosomatic medicine (note that if you submitted an abstract for the 2012 Annual Meeting, please include the abstract’s title); and 3) a letter of recommendation from your C-L Chief or C-L Fellowship Director.

The application and how to apply is on the web at www.apm.org/awards/trainee-travel.shtml
The site of this year’s annual meeting is in the Buckhead district of Atlanta, hence the name of our host hotel and of the Westin Buckhead hotel for Thursday evening activities. Buckhead is the third largest business district in Atlanta, with its core along Peachtree Road. Its shopping district has more than 1,400 retail shops and the highest concentration of upscale boutiques in the US. The Robb Report magazine has consistently ranked Buckhead as one of the nation’s Top Ten Affluent Communities due to the “most beautiful mansions, best shopping and finest restaurants in the Southeastern United States.” Many of Atlanta’s diplomatic missions are located in the Buckhead section including the Consulate General of Australia as well as the Australian Trade Commission, the Consulate-General of France and the French Trade Commission, and the Consulates-General of Brazil, Japan and Greece. The surrounding suburban neighborhoods feature large single-family homes situated among dense forests and rolling hills.

Buckhead is home to Piedmont Hospital and the private, catastrophic-care hospital, Shepherd Center, which specializes in spinal cord injury and acquired brain injury. The two hospitals are adjacent to one another along Peachtree Road, which is known as “Cardiac Hill” by those who run in the annual July 4th Peachtree Road Race.

SUE STOUDEMIRE WILL PRESENT THE ALAN STOUDEMIRE AWARD

We are delighted that the widow of Dr. Alan B. Stoudemire, Sue, has agreed to present the award named in her husband’s honor, the Alan Stoudemire Award for Innovation and Excellence in Psychosomatic Medicine Education. The Poster Session on Thursday evening will feature a poster by the recipient of this year’s award, which will be presented by Mrs. Stoudemire during the awards luncheon on Friday.

Dr. Stoudemire was a highly respected clinician and educator and a prolific author and editor with “a wicked sense of humor” with colleagues and friends. He received the Academy’s highest honor, the Thomas P. Hackett Memorial Award, in 1997. He passed away at age 49 in February 2000 of melanoma.
2012 Annual Meeting

PRELIMINARY PROGRAM SCHEDULE

This schedule, current as of July 1, 2012, highlights only the major events and is subject to change. The full schedule will be posted on the APM website and will be included in the Final Program booklet provided to registrants when they check in at the Registration Desk.

2012 Annual Meeting Learning Objectives:
At the end of this meeting participants should be able to:

• Describe the most recent research findings and clinical areas of interest in psychosomatic medicine.
• Analyze the different perspectives of psychosomatic medicine in diverse populations of patients across the lifespan.
• Understand concepts in integrated care and describe models using integrated care.
• Apply ethical principles to complex patient care issues.
• Improve ability to integrate research findings into patient care.

Wednesday, November 14

7:00am–7:00pm  Registration Desk open
8:00am–5:15pm  Updates in Psychosomatic Medicine Course
   (see page 4 for topics)
8:00am–Noon  Four Concurrent Skills Courses
   (see page 4 for course offerings)
Noon–1:00pm  Lunch on your own (optional $25 buffet lunch
   for purchase)
1:00–5:00pm  First APM Council Meeting (Council members
   and invited guests)
1:00–5:00pm  Four Concurrent Skills Courses
   (see page 4 for course offerings)
3:00–5:00pm  Early exhibitor setup
5:00–6:00pm  Psychosomatics Editorial Board Meeting (by
   invitation)
5:00–6:00pm  Trainee & Early Career Mixer (trainee and early
   career registrants only)
5:00–6:30pm  APM Happy Hour
6:00–7:00pm  New Member Reception (by invitation)
7:00–9:00pm  C-L/PM Fellowship Directors’ Forum (fellowship
   program directors and fellowship trainees)
7:00–9:00pm  Concurrent Synposia 1–3:
   S1: Toward Better Medical Care of the Mentally Ill: Three Models of
      Integrated Psychiatric and Medical Services [Integrated Practice]
   S2: Neuropsychiatry Updates [Clinical Care 1]
   S3: Economic, Ethical, and Educational Challenges for Training in
      Psychosomatic Medicine: The Impact of Health Care Reform
      [Teaching and Training]

Thursday, November 15

6:00–7:00am  Neighborhood Run
6:30–7:00am  Mindfulness Meditation with Paul Jones, MD
6:30am–7:00pm  Registration Desk open
7:00–9:00am  Exhibitor setup
7:00–8:00am  APM Committee Meetings (and Continental
   breakfast)
8:00am–7:00pm  Exhibits open
8:00–8:30am  Annual Meeting Opening & Announcements
8:30–9:45am  OPENING PLENARY LECTURE
   — Laura Roberts, MD, FAPM
9:45–10:00am  Break
10:00am–Noon  Concurrent Workshops (W) and Symposia (S):
   W1: Integrated Care: Views and Perspectives from the Field [Integrated Practice]
   W2: Update and Review of Emergency Psychiatry: Overview of Project BETA (co-
      Sponsored by the APM Emergency Psychiatry SIG in collaboration with the American
      Association for Emergency Psychiatry) [Clinical Care 1]
W3: Legal and Ethical Issues in Perinatal Psychiatry: A Case-Based Discussion [Lifespan]

W4: A Critical Review of Recent Research Findings Relevant to Your Practice (co-sponsored by APM Research Committee) [Research]

W5: When Bad Things Happen to Good Early Career Psychiatrists [Early Career]

W6: Rethinking Teaching: Solving Educational and Ethical Dilemmas Using Technology [Teaching and Training]

W7: Appropriate Use of Benzodiazepines—What Should You Recommend? [Clinical Care 2]

S4: Ethical Dilemmas in Psychosocial Evaluation for Organ Transplant Candidates with Psychiatric Comorbidities [Ethics]

Noon–3:00pm Poster setup (for poster presenters)

Noon–12:15pm Break

12:15–1:45pm ANNUAL RESEARCH AWARD Lunch, Presentation, and Lecture — Scott Kim, MD, PhD

1:00–5:00pm Optional Centennial Olympic Park Tour ($35)

1:45–2:00pm Break

2:00–4:00pm Concurrent Workshops (W) and Symposia (S)

W8: Parenthood and Psychosomatic Medicine: Navigating Two Demanding Positions [Early Career]

W9: Clinical Vignettes: The First Competency-Based Tool for Psychosomatic Medicine Fellowship Programs [Teaching and Training]

W10: Non-Pharmacological Treatment Alternatives in Psychosomatic Medicine [Clinical Care 2] S1: Innovations in Psychotherapy for Medically Ill Patients

S5: Health Reform: National Organization-Based Psychiatric Initiatives in Integrated Care [Integrated Practice]

S6: Psychiatrist as Physician First: The Physical Examination in Psychosomatic Medicine [Clinical Care 1]

S7: Weight Matters: A Psychosomatic Perspective to Severe Obesity Management Across the Lifespan [Lifespan]

S8: Death-Hastening Decisions and Psychiatric Consultations [Ethics]

S9: Screening, Assessment, and Treatment of Depression and HIV-Associated Neurocognitive Disorders (HAND): A Discussion of the Evidence (co-sponsored by the APM HIV/AIDS SIG) [Research]

4:00–4:30pm Break / Transition to Westin Buckhead Hotel

4:30–6:30pm Poster Session (at the Westin Buckhead) featuring the poster of Gary J. Gala, MD for his Stoudemire-awarded program at the University of North Carolina. The award will be presented by Dr. Stoudemire’s widow, Sue, at the Award Luncheon on Friday.

6:00–8:30pm Opening Welcome Reception (at the Westin Buckhead; 2 drink tickets, then cash bar)

7:15–8:30pm APM Auction (at the Westin Buckhead)

Friday, November 16

6:00–7:00am Neighborhood Run

6:30am–7:00pm Registration Desk open

7:00–8:00am APM Special Interest Group Meetings (and Continental breakfast)

8:00–9:00am APM Committee Meetings (and Continental breakfast)

9:00am–1:00pm Optional Centennial Olympic Park Tour ($35)

9:00–9:15am Break

9:15–9:30am Announcements

9:30–10:15am DLIN/FISCHER AWARD Presentation & Lecture

10:15–10:30am Break

10:30am–12:30pm Concurrent Oral Paper Sessions

12:30–12:45pm Break

12:45–1:45pm Awards/Fellowship Luncheon & Convocation

1:45–2:30pm ELEANOR & THOMAS P. HACKETT MEMORIAL AWARD Presentation, Introduction, and Lecture — James R. Rundell, MD, FAPM, introduced by J. Michael Bostwick, MD, FAPM

2:30–2:45pm Break
2:45–3:45pm  PLENARY LECTURE II
— Ezekiel J. Emanuel, MD, PhD

3:45–4:00pm  Break

4:00–6:00pm  Concurrent Workshops (W) and Symposia (S)
W11: The “Mash-Up”: Psychosomatic Medicine Meets Community Psychiatry in the Decade of Comprehensive Collaborative Care [Integrated Practice]
W12: Ethical Issues in Pediatric Psychosomatic Medicine [Lifespan]
W13: Practical Ethics of Symptom Management in Patients at High Risk for Misuse of Controlled Substances [Ethics]
W14: Where Do They Belong: A Discussion of Transfers from Medicine to Psychiatry [Clinical Care 2] S5: Management of Delirium in the Context of Advanced or Life-Threatening Illness

S11: Psychotropic Medications and QT Prolongation: What Do C-L Psychiatrists Need to Know? [Clinical Care 1]
S12: Implementing Evidence-Based Psychotherapy in Primary Care [Research]
S13: Limbic Lessons Learned from Fellowship [Early Career]
S14: Improving Quality of Life by Addressing Sexual Health [Teaching and Training] S7: Research and Service Innovation: Making It Happen (APM Research Committee symposium)

5:00–8:00pm  Exhibits breakdown
6:00–7:15pm  Dinner on your own
6:00–7:15pm  Webb Fellow Reception (by invitation)
6:00–7:15pm  APM Happy Hour
7:15–9:15pm  Concurrent Workshops (W) and Symposia (S)
W16: Proposed Guidelines for Medical Student and Residency Education in Psychosomatic Medicine [Teaching and Training] S9: Innovative Approaches to Clinical Care, Research, and Prevention in AIDS Psychiatry (APM AIDS Psychiatry SIG symposium)
S14: Update in Eating Disorders: Special Populations and Unique Presentations [Lifespan]
S15: From Beijing to Atlanta: Are We There Yet? The Long Journey from DSM-IV to DSM-V for Disorders Presenting Predominantly with Somatic Symptoms (Somatoform Disorders) [Research]

Saturday, November 17

6:00–7:00am  Neighborhood Run
6:30am–6:30pm  Registration Desk open
7:00–8:00am  APM Special Interest Group Meetings (and Continental Breakfast)
8:00–9:00am  APM Committee Meetings (and Continental breakfast)
9:00–9:15am  Break
9:15–9:30am  Announcements
9:30–10:30am  PLENARY LECTURE III
—Carolyn Mazure, PhD

10:30–10:45am  Break
10:45am–12:45pm  Concurrent Workshops (W) and Symposia (S)
W17: Research Strategies for Examining Ethical Issues in Psychosomatic Medicine [Research]
W18: Preparation for the “Real World”: A Transition to Practice Workshop [Early Career]
W19: “On A Phantom Limb” – A Cinematic Presentation of Patient Experience of Delirium [Clinical Care 2] S14: ICU Psychiatry: Approaches to Critical Care at Academic and Community-Based Hospitals
S16: C-L Meets Hospital Administration: Financial Advantages of Clinical Care Initiatives [Integrated Practice]
S17: Advances in Medical Care for Patients with Schizophrenia [Clinical Care 1]
S18: Using Attachment Theory to Understand and Manage Illness Behavior: The University of Toronto Approach [Lifespan]
S20: An Update on Suicide Risk Assessment and Management in Three Settings – Emergency Department, Medical Floor, and in Preparation for Discharge [Teaching and Training]

12:45–2:15pm  Lunch on your own
12:45–2:15pm  SIG Chairs’ Lunch (invitation only)
12:45–2:15pm  Optional Trainee & Early Career Lunch ($10) (trainee and early career registrants only)
2:15–2:30pm  Break
BUSINESS MEETING

The 2012 Annual Members’ Business Meeting is scheduled for Saturday, November 17, 2012, from 4:45 to 5:30 pm at the InterContinental Buckhead Hotel in Atlanta, Georgia.

Agenda items include the election of officers and councilors, ratification of a change to the By-Laws and, sponsored by the Foundation of the APM, a raffle drawing of something wonderful.

Election of Officers and Councilors:
The APM Nominating Committee (Drs. Katon [chair], Currier, Sharpe and Shuster) respectfully submits the following slate of officers and councilors for action at the Annual Members’ Business Meeting in Atlanta, GA in November.

Officers (1-year terms):
- President-Elect: Linda L.M. Worley, MD, FAPM (Little Rock, AR)
- Vice President: Catherine C. Crone, MD, FAPM (Falls Church, VA)
- Secretary: Steven Epstein, MD, FAPM (Washington, DC)
- Treasurer: Robert Boland, MD, FAPM (North Kingston, RI)

Councilors (3-year terms):
- J. Michael Bostwick, MD, FAPM (1st term) (Rochester, MN)
- Jeff Huffman, MD, FAPM (1st term) (Boston, MA)
- Donna Greenberg, MD, FAPM (1st term) (Winchester, MA)
- James Rundell, MD, FAPM (2nd term) (Jacksonville, FL)

Change to By-Laws:
Minor changes to the Bylaws have been proposed regarding the requirements for Life Fellow and Life Member status and will be voted on by the members present. At its May 10 meeting, Council approved amending the Life Fellow/Life Member category by reducing the combined age and membership years from 100 to 95, with annual dues of $100, with the exception that current Life Fellows/Life Members be allowed to continue to pay no dues.

Please be sure to take the 2012 APM Membership Survey by July 30!
Sign into the Members’ Corner and take the link. See the Membership Committee’s article on page 14.
SPECIAL SESSIONS & EVENTS FOR
TRAINEES & EARLY CAREER PSYCHIATRISTS

In addition to the Early Career program track for workshops and symposia at this year’s annual meeting, the Annual Meeting Committee will be presenting several events to serve the goal of meeting the needs of our growing cadre of future PM psychiatrists.

Wednesday, 5:00-6:00pm: **Trainee & Early Career Mixer**

Wednesday, 7:00-9:00pm: Fellows in training are invited and encouraged to join the Fellowship Directors’ Forum to discuss topics important to both fellows and directors.

Thursday, Friday, Saturday: Trainees and early career psychiatrists will be able to sign up for 20 minutes of career advice at a series of Consultation Booths during the regular meeting. And yes, each consultation will cost 5¢.

Saturday, 12:45-2:15pm: Priced separately ($10) is a **Trainee & Early Career Lunch** during which junior psychiatrists can lunch with a senior psychiatrist for career or research consultation. Tables will be set up according to area of interest.

If you are a psychiatry resident or PM fellow in training, be sure to apply for the $750 Trainee Travel Award to help offset the cost of attending the meeting. See page 4 for more information about this award.
FIRST TIME ATTENDING APM?

If this is your first time attending an APM annual meeting, here are some helpful hints to ensure that you get the most out of the event:

• **Always wear your name tag:** People will notice that you’re a new member or first-time attendee by the ribbons on your name tag and they will introduce themselves to you. Just being receptive is all it takes to make a lot of new connections!

  Also, if you are being photographed, please let your name tag show your name so we can tell who you are later!

• **Get there at the beginning and stay to the end:** Attend everything you can. Not only can you receive a maximum of 31.5 CME credits, you will leave with a wealth of knowledge from experts in the field and great new contacts.

• **Speak up:** This is a very friendly, interactive meeting, so jump right in! If you have an idea or feedback, or if you have an area of expertise that overlaps with what’s being discussed, go for it! No matter what your level of training, people will be glad to hear from you.

• **Find new friends, collaborators and mentors:** Everyone at the meeting has an interest in teaching, learning, research, and scholarship, so what better place to find connections! If you find someone with a common interest, they will almost certainly be happy to work with you, advise you, give you feedback, or help you on your next project. Networking opportunities are available throughout the meeting. Make sure you attend the Wednesday mixer, the Thursday and Friday luncheons, the Thursday Welcome Reception, and any other advertised social event.

• **Get Involved:** Once you’ve gotten a feel for what APM is all about, get involved! You are welcome to attend special interest group meetings and let committee chairs know you are interested in joining their committee.

• **Have fun:** All work makes Jack a dull boy. The Annual Meeting Committee wants to ensure that there is a nice balance between facts and fun and has scheduled morning runs, a mindful meditation, group tours, and happy hours.

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ATLANTA CUISINE

SOUTHERN CUISINE

Cuisine in Atlanta today is metropolitan and varied, but it has its roots in the blending of Native American, African-American, and European foods and methods of cooking. Georgian cuisine is Southern Cuisine—fried chicken and barbeque, hearty breakfasts of biscuits, pancakes, or waffles accompanied by grits and bacon, and sweet tea. And Coke.

ATLANTA’S CASUAL, CAMPY CUISINE

Richard Blais, 2010 winner of Top Chef: All Stars, has several restaurants in the Atlanta area, including Flip Burger Boutiques (one is in the Buckhead area, 20 minutes away from the hotel by bus). Flip Burger offers 18 hamburger variations, vodka-battered onion rings, fried pickles, and sweet potato tater tots on its menu. Flip Burger has been credited with creating a “hamburger war” among restaurants in the Atlanta area, owing to Blais’ celebrity chef status. His other two eateries are a hot dog joint (serving more than just your average hot dogs) and a fine dining establishment.

CHICK-FIL-A

An Atlanta native since age 3, S. Truett Cathy opened a tiny restaurant in 1946 and began experimenting with chicken. He is credited with inventing the first fast-food chicken sandwich, trademarking his concoction in the early 1960s as the “Chick-fil-A.” Today, Chick-fil-A diners and restaurants dot the entire country. There’s a Chick-fil-A very close to the InterContinental Buckhead.

Prefer to dress up for dinner or experience something with an international flavor? The 2012 Local Arrangements Subcommittee, as well as the hotel’s concierge, can recommend a myriad of restaurants that offer whatever your taste buds have a hankerin’ for.

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Important Deadlines...

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<th>Date</th>
<th>Event Details</th>
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<tr>
<td>Aug. 1</td>
<td>Last day to apply for:</td>
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<td></td>
<td>— Webb Fellowship Program</td>
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<td>— APM Fellowship (FAPM)</td>
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<td>— Trainee Travel Award</td>
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<td>Aug. 15</td>
<td>Last day to register for the meeting at the Early Bird discount rate</td>
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<td>Sept. 17</td>
<td>Last day to register for the meeting at the Advanced discount rate</td>
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<td>Last day for pre-conference course presenters to submit slides for handout printing</td>
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<td>Last day for course, workshop, and symposia presenters to submit MOC questions</td>
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<tr>
<td>Oct. 14</td>
<td>Last day to cancel meeting registration for full refund minus $50 service fee</td>
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<td>Oct. 15</td>
<td>Last day to switch any pre-conference Skills course you registered for</td>
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<td>Oct. 22</td>
<td>Last day to make hotel reservations for APM discounted rate of $150/night</td>
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<td>Oct. 29</td>
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<tr>
<td>Nov. 1</td>
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<td>Nov. 2</td>
<td>Recommend oral presenters submit slides for posting in password-protected section of APM website prior to the Annual Meeting</td>
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<td>Nov. 14</td>
<td>PRE-CONFERENCE COURSES</td>
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<td>Nov. 15</td>
<td>ANNUAL MEETING BEGINS, 8:00am</td>
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By now, most of us have heard something about maintenance of certification (MOC). Although the details are complicated, the basic rationale is simple: psychiatrists need to show that once their formal training is over, they are continuing to practice life-long learning. The adage of the wise old doctor who improves with experience is not true: many doctors’ skills deteriorate after their formal training is over if they do not challenge themselves to keep up with the latest developments in their field.

That lifelong learning is important to professional development is inarguable, but the devil is in the details. How can one demonstrate that they are keeping up in their field? The American Board of Psychiatry and Neurology (ABPN) has identified four components that must be demonstrated to remain board certified:

1. professional standing
2. self-assessment and CME
3. cognitive expertise
4. performance in practice (PIP)

The first and third components are not new: professional standing is demonstrated by holding an active and unrestricted license to practice medicine, and cognitive expertise is demonstrated by passing an ABPN board examination; these have been long-time requirements for board certification.

The second component is an elaboration of the previous expectation that physicians complete a minimum number of Continuing Medical Education (CME) requirements—already required for licensure in most states—by two additions: the requirement of completing an average of 30 specialty or subspecialty Category 1 CME credits per year, as well as the requirement that 8 of those CMEs must be spent in approved self-assessment activities. Self-assessment activities are meant to be different from cognitive exams in that they must take place before an activity; the purpose is to alert the psychiatrist to potential knowledge deficits in order to direct their study at a CME activity.

The final component, performance in practice, is a type of quality assurance in which physicians must demonstrate that they are assessing their own practice by (1) performing chart reviews in which they compare their practice against published best practice; and (2) feedback modules in which the psychiatrist must collect data from patients.

Details of the ABPN's MOC program can be found in more detail on its web site: [www.abpn.com/moc.html](http://www.abpn.com/moc.html)

There have been various criticisms of the process, and the last component, performance in practice, has been the most controversial. However, no one can dispute the basic principles underlying this effort: we all must keep educating ourselves after residency, and if we do not develop a credible system of self-monitoring, outside agencies will likely do it for us. Most other specialties have ongoing systems in place, some for a long while, so in a sense, psychiatry is simply playing catch up.

This system does create a burden, both in complying with these requirements and in recordkeeping. A number of organizations are attempting to help with this. For example, the ABPN is maintaining a folio site to help with recordkeeping, and both the ABPN and the APA list various resources to help with the various aspects of MOC (see links below).

The Academy of Psychosomatic Medicine can also help members with this process. We already offer a meeting that provides various approved CME activities, and this year we plan to add a Self-Assessment Component. Prior to the meeting, all registrants will receive an invitation to take a “pre-meeting self-assessment” in which they will answer questions related to the meeting several weeks before arriving at the meeting. Just before the meeting they will receive a report that contains their own answers, the correct answers, and how their responses compare with those of other persons taking the pre-test. This approach is in keeping with the ABPN’s requirement that self-assessment activities occur prior to a meeting and be used to inform the taker of areas that may require attention.

We piloted a version of this self-assessment the past two years as part of the Updates in Psychosomatic Medicine course that took place at the Annual Meeting; most of those attending the course completed the exam and received the appropriate feedback prior to arriving at the meeting. The response to the system was generally positive. This year the system will be similar but with broader coverage: MOC questions will cover all the pre-conferences courses as well as the workshops and symposia, and all pre-registrants will be able to take advantage of this component, whether or not they are taking the board exam soon. Although we all tend to gravitate toward subjects with which we are familiar, it may be helpful to discover areas in which we are less up-to-date and to make a point of attending sessions devoted to those subjects.

We hope that this system will represent a painless way to add value to the meeting. The plan is to offer it free to all attendees and we hope that it will be an additional educational experience for an already edifying meeting.

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Robert Boland, MD, FAPM
Chair, Maintenance of Certification Subcommittee
INITIAL SUBSPECIALTY CERTIFICATION AND RE-CERTIFICATION

— Philip A. Bialer, MD, FAPM
Chair, APM Education Committee

The next ABPN exam for initial certification in Psychosomatic Medicine will be given October 15-18, 2013. While this seems to be in the distant future, some deadlines for taking the exam will be approaching in the next several months. The “grandfathering period” for initial certification ended with the 2009 exam. Eligible applicants for the 2013 exam must have successfully completed an ACGME-certified fellowship training program by June 30, 2012. In addition, the applicants must be certified by the Board in General Psychiatry by December 31, 2012. Following are other important dates regarding the exam:

- Applications available: January 3, 2013
- Application deadline: April 1, 2013
- Late application deadline: May 1, 2013 ($500 fee)

Training directors should make their current fellows and recent graduates aware of these dates and requirements. I would also encourage all of those preparing for the exam to take advantage of the excellent educational offerings among the pre-conference courses and the regular program at this year’s annual meeting.

The subsequent certification exam in Psychosomatic Medicine will take place in 2015. Those who became diplomates after taking the initial exam in June 2005 will need to take this exam to be re-certified. However, maintenance of certification (MOC) requires more than just passing the exam or what is termed “demonstrating cognitive expertise.” Additional components of MOC include professional standing, self-assessment and CME, and performance in practice (see Dr. Boland’s article on page 12). Once again, the annual meeting is an excellent resource for fulfilling the self-assessment and CME requirement. This year, all pre-conference courses, workshops, and symposia will include self-assessment questions. Further information regarding the self-assessment process will be provided along with registration material for the meeting.

For detailed information about certification and re-certification, see the ABPN website at www.abpn.com.

PRESENTERS: GIVE US YOUR MOC QUESTIONS BY SEPTEMBER 17

In order for the APM to help with the self-assessment component of the ABPN’s new requirements for subspecialty re-certification, we need the presenters of all pre-conference courses, workshops, and symposia to submit well-composed, multiple-choice questions (and their answers!) on material covered in their presentation. The APM Education Committee will compile the questions into a “pre-meeting self-assessment test.”

As Dr. Boland explains in his article on page 12, meeting registrants will be invited to take the test before the meeting and receive feedback on their performance in time to choose meeting sessions that cover subjects in which they are less up-to-date.

We ask pre-conference course presenters to submit four (4) MOC questions, and we ask workshop and symposia presenters to submit three (3) questions. (Oral paper and poster presenters are exempt from this request.)

A special online form will be available in late July to submit the questions, or you may email your questions to Kristen Flemming at kflemming@apm.org. However, we must have your questions by September 17 in order to prepare the pre-test in time.

Please see the “For Presenters” web page in the 2012 Annual Meeting section of the website for a link to the submittal form as well as guidelines on how to write good multiple choice questions.

GOT A/V IN YOUR POWERPOINT?

Read This!

Meeting rooms in Atlanta will be set up with a podium, one microphone, a laptop with PowerPoint installed, and an LCD projector. Presenters may opt to project their PowerPoint slides from their own laptop or, with their presentation on a USB flash drive or memory stick, using the room’s laptop.

For presentations with embedded video or audio, we highly recommend that you follow these steps to copy your presentation to your USB device, either to use in the meeting room or to have as a backup in case you and your laptop get separated:

1. Prepare your PowerPoint file and embed your A/V (.avi, .mpg or .mpeg, and .wmv video files work best with PowerPoint).
2. Create a NEW FOLDER on your computer.
3. Copy all audio/video and your PowerPoint file into that NEW FOLDER. Make sure your PowerPoint file points to the audio/visual files in that same NEW FOLDER.
4. Transfer the entire NEW FOLDER onto your portable USB drive.
5. TEST your presentation. Close everything and open your presentation directly from your portable USB drive. All your A/V should play seamlessly.
6. Bring your portable USB drive to the meeting! Your entire NEW FOLDER can be loaded onto the presentation laptop, and you should be good to go.

An A/V technician will be available at the meeting to quickly review your presentation if you are prepared at least 24 hours in advance of your presentation. We strongly encourage you to take advantage of this service to resolve any potential A/V issues.

MAC USERS PLEASE NOTE: If you plan to present from your own laptop, you must bring your own A/V adapter with you! These are not available on site. This adapter is the extended display adapter you received with your original Mac laptop or computer allowing you to send video out to another device.
Cleveland C-L Society — Ellen Rothchild, MD, FAPM

The Cleveland Consultation-Liaison Society held its annual meeting on May 2, 2012 at the Cleveland Skating Club, Shaker Heights, Ohio. Participants included residents and faculty from University Hospitals of Cleveland, MetroHealth Medical Center, the Cleveland VA Medical Center, Cleveland Clinic Foundation, and Summa Health System of Akron, Ohio. The meeting was chaired by President Tatiana Falcone, MD, of Cleveland Clinic, and Vice President Jeanne Lackamp, MD of University Hospitals.

Dr Todd Ivan, Director of C-L Psychiatry for Summa System, presented the keynote address, “The Biopsychosocial Model in the 21st Century.”

Thirteen oral presentations and fifteen posters were presented by residents and faculty from the various teaching institutions. The annual Parsa award, in memory of Dr. Mahmoud Parsa, went to Almeria Decker, PGY-2 of University Hospitals, for her oral presentation, “Management of Neuropsychiatric Manifestations in a Patient with Anti-NMDA Receptor Encephalitis.” The Agle award, in honor of Dr. David Agle, went to Almeria Decker, PGY-2 of University Hospitals, for her poster, “Tamoxifen-induced Depression.”

Medicine and Psychiatry SIG — Thomas W. Heinrich, MD, FAPM

The APM Medicine and Psychiatry SIG will be meeting at the Association of Medicine and Psychiatry (AMP) Annual CME Conference, which will be held at the Blackstone Renaissance Hotel in Chicago on Friday and Saturday, September 28 and 29, 2012.

The AMP Conference schedule includes many wonderful educators, most of whom are nationally recognized experts on the interface between psychiatry and medicine. For example, keynote speaker Mark Sevis, MD, will discuss the interface in postgraduate training, and José Maldonado, MD, FAPM, will be providing a comprehensive presentation on delirium. In addition, the conference will include popular returning sessions such as MedPsych Updates, Neuropsychiatry, Innovations in Integrated Care, and the Resident Clinical Vignette Competition. More information and a registration link is on AMP’s website: www.assocmedpsych.org

REMEmber to register for the Annual Meeting by August 15th for the Early Bird Discount!
Be sure to sign into the Members’ Corner before using the online registration system to receive the member discount.

Clinical Care SIG — Dimitri S. Davydow, MD, MPH

As psychosomatic medicine providers, a substantial proportion of our time caring for patients and assisting our colleagues in other medical specialties is devoted to the diagnosis and management of delirium. Perhaps in no other hospital setting is delirium a more commonplace or more pressing matter than in the intensive care unit (ICU), where the prevalence of delirium ranges from 70-80%, and symptoms of delirium can interfere with necessary life-saving care and prolong recovery.

However, there is a limited evidence base regarding the pharmacologic management of delirium, particularly the use of antipsychotic medications, in ICU settings. Since psychosomatic medicine providers play a crucial role in the care of critically ill patients with delirium, an important initial step in developing an evidence base around these issues is to understand what we as a community are currently doing in our everyday practice around management of delirium in ICU settings, particularly surrounding the use of antipsychotic medications.

With that in mind, the APM Critical Care SIG has designed a brief survey on management of delirium in ICU settings. The link to the survey will be in an upcoming email from the Academy, and we hope you take the time to fill it out. The results will be disseminated to the Academy membership.

Membership Committee Needs Your Feedback by July 30

One priority that was identified at Council’s strategic planning session last June was the need to optimize the value of membership. So we need your help to understand what APM services and benefits add the most value to you.

Consequently, the Membership Committee (chaired by Dr. Maria Tiamson-Kassab) has created a short survey that will only take a couple of minutes to complete, but your input is important to help guide the Academy’s efforts to maximize the value of APM membership.

Simply sign into the Members’ Corner by July 30 and take the link to the survey in the highlight box near the top of the page. If you’ve already taken the survey, you will be so notified when you take the link.

Thank you!
1. CONTACT INFORMATION

Name __________________________ __________________________  Degree(s) __________________________  ☐ First Time Attending
Name as you would like it to appear on badge (if different from above) __________________________
Address __________________________ __________________________
City/State/Zip/Country __________________________ Phone (__________) __________________________
E-mail __________________________  Fax (__________) __________________________
☐ Check here if you have special needs (dietary restrictions, disability, etc.) An APM staff member will contact you.  ☐ Check here if you are traveling from outside the USA and want to know if you are eligible for a discounted non-US conference fee based on the World Bank Categories. An APM staff member will contact you.

2. PRE-CONFERENCE & MEETING REGISTRATION

Check the boxes in the fee schedule below depending on your membership status, and whether you want to attend any of the pre-conference courses. For more information on the meeting and pre-conference courses, visit www.apm.org or call (301) 718-6520.

2a. APM ANNUAL MEETING (Thurs. Nov. 15 - Sat. Nov. 17)

☐ CHECK ONE BOX ONLY by 8/15/12  by 9/17/12 after 9/17/12

APM Member ............................................................... $280  ☐ $400  ☐ $230  ☐ $175
Non-Member Presenter [Listed in program] .............. $495  ☐ $795  ☐ $645
Non-Member ............................................................... $495  ☐ $795  ☐ $645
Early Career* (Completion Date__________) ......... $75  ☐ $150  ☐ $100
Trainee** (see 2a) .................................................... $180  ☐ $360  ☐ $175
EAPM Member (Mbr #__________) ......................... $495  ☐ $595  ☐ $460
Integrated Care Two-Day Rate ......................... $360  ☐ $720  ☐ $460
(1pm-5pm) Afternoon Skills Courses .......................... $150  ☐ $300  ☐ $225
(8am-12pm) Morning Skills Courses .......................... $150  ☐ $300  ☐ $225
Per Course

☐ Updates in Psychosomatic Medicine (8am-5:15pm)  includes lunch
☐ Trainee** (see 2a) .................................................... $175  ☐ $350  ☐ $250
☐ Early Career* (Completion Date__________) ......... $175  ☐ $350  ☐ $250
☐ Non-Member Presenter [Listed in program] .............. $175  ☐ $350  ☐ $250
☐ Non-Member ............................................................... $175  ☐ $350  ☐ $250
☐ APM Fellow or Full Member ................................. $175  ☐ $350  ☐ $250
☐ APM Member  ............................................................... $175  ☐ $350  ☐ $250
☐ Updates in Psychosomatic Medicine (8am-5:15pm)  includes lunch

On-site fee will be $50 additional per course.

Fee Calculation:
2a. Annual Meeting  $________  4. Optional Events  $________
2b. Pre-Con. Courses  $________  5. 2013 Mbrshp. Dues  $________
3. Guest Event Tickets  $________

TOTAL REMITTANCE (US FUNDS) $________

If paying by credit card, complete this section:
☐ VISA  ☐ MC  ☐ AMEX
Card Number __________________________  Exp. Date (mm/yy) __________________________ Security Code __________________________
Name on Card __________________________
Signature __________________________

FAX COMPLETED FORMS TO (301) 656-0989 OR MAIL TO ADDRESS ABOVE.

CANCELLATION POLICY: Full refund, minus a $50 fee, if notified in writing before October 14, 2012. A 50% refund will be allowed if notified in writing between October 14 and November 1, 2012. No refund after November 1, 2012. Approved refunds will be distributed approximately 30 days after conclusion of the Annual Meeting.
APM in Atlanta
“Bioethics at the Interface of Psychiatry & Medicine”

APM 59TH ANNUAL MEETING
November 14-17, 2012
InterContinental Buckhead Hotel, Atlanta, Georgia
Register by August 15 for the Early Bird Discount
Reserve your room by October 22 for the hotel’s APM discount

Thanks to the generosity of APM members at the meeting last year, the Foundation has raised sufficient funds to provide support for two Webb Fellows in 2012.

The silent and live auction bids, as well as direct donations, are very much appreciated. We hope to hear from people who had the winning bids on trips. I had the winning bid for the Mets tickets. I sent my old college roommate to a game with his family. They were met by a member of the Mets organization, taken to the field for batting practice, and sat in fabulous seats. That was the game that the Mets won 9-0 on May 26th. Hopefully, we will have those and other exciting items for the live auction this year in Atlanta. fAPM will sponsor a live auction to be held during the Opening Reception on Thursday and daily raffles of fabulous items to be held each day. There will not be a silent auction this year.

If you have fabulous items for the live auction or raffles, or know how to put us in touch with people who have such items, please get in touch with me personally (prm1@columbia.edu). At a later date we will introduce our plans for fundraising with the goal of endowing awards. But for now, have a great summer and see you in Atlanta.

— Philip R. Muskin, MD, FAPM
Chair, Foundation of the Academy of Psychosomatic Medicine